

### Taking action on LGBT health & social care inequalities

Dr Julie Fish

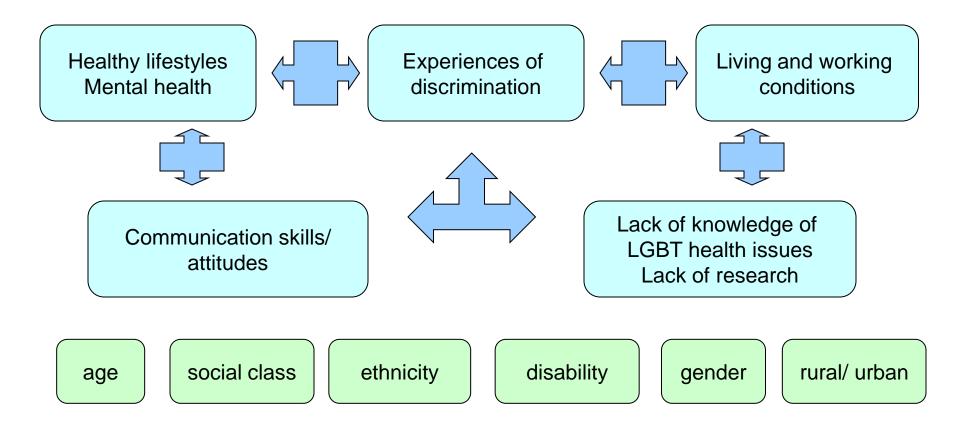
- Reader in Social Work and Health Inequalities
  - Social work and social development conference
    - Stockholm, July 2012

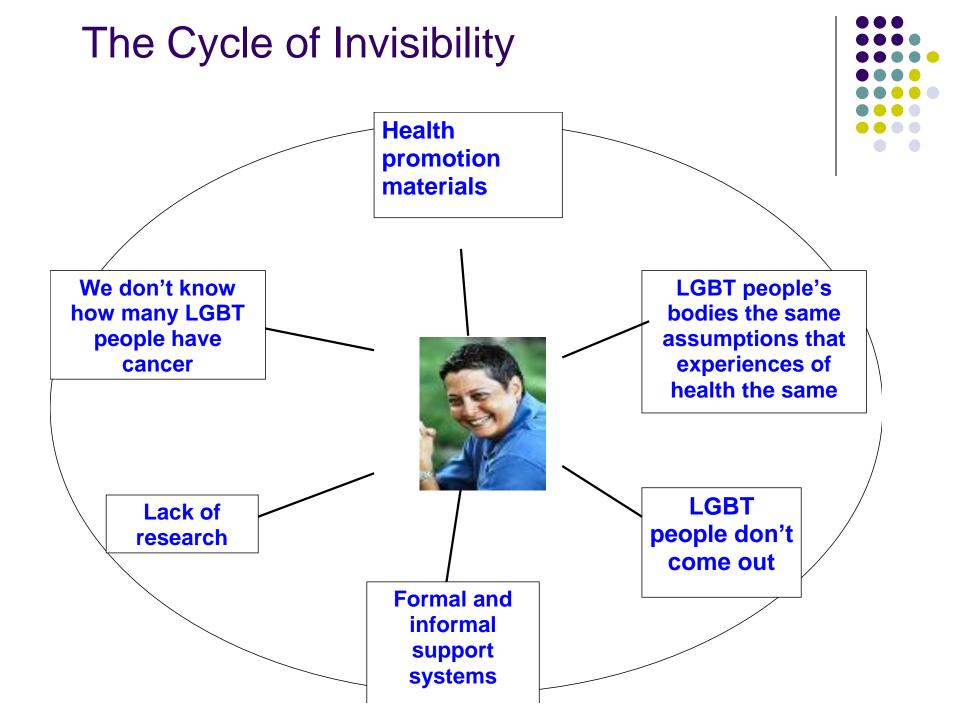
# The *right to health* for LGBT people

- The Yogyakarta Principles a universal guide to human rights and sexual orientation and gender identity call for all states to 'develop and implement programmes to address discrimination, prejudice ... which undermine the health of persons because of their sexual orientation or gender identity' (IHSR, 2007: 22).
- International Service for Human Rights. (2007). Yogyakarta Principles on the Application of International Human Rights Law in relation to Sexual Orientation and Gender Identity. Retrieved 4 March 2011 from http://www.yogyakartaprinciples.org/ principles\_en.pdf

## Social determinants of health for LGBT people







### **Cancer Patient Experience Survey 2010**

Doctors never talked in front of patient as if they were not there Always treated with respect and dignity by hospital staff

Never felt treated as a set of cancer symptoms rather than as a whole person

Patient was given information about support / self help groups for people with cancer Hospítal staff always díd everything they could to control their paín





Research on lesbian and bisexual women's experiences of breast cancer



Funded by the NCAT as part of the National **Cancer Equalities** Initiative Small scale qualitative study One of only two UK studies about breast cancer in lesbian and bisexual women





### **Coming out to professionals**

We had never particularly come out to them.. Yes it's fear, it's really a little bit of fear about how are they going to treat you? Are they going to treat you different? Are they going to make things awkward for you?



Edna Campbell





Pat Battle

Audre Lorde

Lesbian women with breast cancer

### **Accessing support**

I didn't access any support groups because I had gone along... (to a) weekend.. in the all the bits where we went off and had discussions, all really that was being talked about was their relationships with their husbands. ... And so I just felt very uncomfortable. It was staying away in (a Northern city) so even the kind of social spaces, I already felt quite excluded...

Lesbian women with breast cancer



Wanda Sykes



Martina Navratilova

### **Involving partners**



My partner had breast cancer and although the care she received generally was good, our relationship was never acknowledged and at best I was treated as her 'friend' which at times we found difficult and stressful. I think if I had been a male partner, the health professionals would have included me more in discussions rather than turning their back to me and seeing me as 'irrelevant' when I went with her to the hospital etc".





Developing professional knowledge about breast cancer in lesbian and bisexual Women

ESRC knowledge exchange programme RES-192-22-0111

• Knowledge exchange programme Aims:

- •To make an impact on policy and practice
- •To translate research findings into practice





### Lesbian and bisexual women and breast cancer A policy briefing



## Influencing cancer policy

Launched at Breast Cancer Care, Southwark.

Cancer service users talked about their experiences to an audience of service users, cancer professionals and voluntary and statutory organisations.

Briefing presented to NCEI in April 2011 by Breast Cancer Care and widely disseminated

### **Developing practice - training**

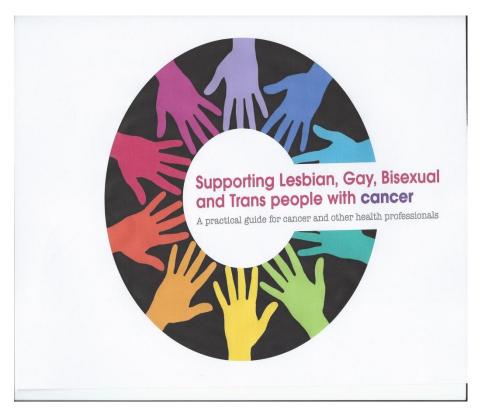
- Knowledge of the issues
- Experience
- Environment
- Signposting/referrals
- Training/Support
- Communication skills
- Good practice

### WE ARE MACMILLAN. CANCER SUPPORT

Seminar for cancer and social care professionals Tues 28 February 2012 Service user involvement Macmillan GP Macmillan T & D

### **Developing practice –guidance** for practitioners

- Identifying the issues
- 6 case studies from practice
- Dissemination through Macmillan and to seminar delegates



# Group work: Questions for discussion and case studies



- How many of you have learned about LGBT health and social care issues in social work training training?
- Is it important to know about sexual orientation? Why/ Why not?
- Is it the user's responsibility to disclose their sexual orientation/gender identity?

### LGBT health inequalities: key readings

Fish, J. (2009). All things equal? Social work and lesbian, gay and bisexual global health inequalities. In P. Bywaters, L. Napier & E. McLeod (Eds.), *Social work and global health inequalities: Policy and practice developments* (pp. 144-149). Bristol: The Policy Press. Fish, J., & Bewley, S. (2010). Using human rights based approaches to conceptualise lesbian and bisexual women's health inequalities. *Health & Social Care in the Community, 18*, 355-362.

Fish, J., & Wilkinson, S. (2003). Understanding lesbians' healthcare behaviour: the case of breast self-examination. *Social Science & Medicine, 56*(2), 235-245.

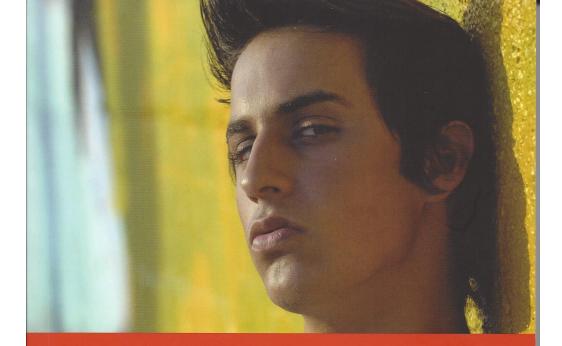
Fish, J. (2010). "It's a mixed up, muddled up, shook up world, except for Lola":

transforming health and social care for trans people. *Diversity in Health and Care, 7*, 87-89 Fish, J. (2010) Coming out about breast cancer in lesbian and bisexual women. Leicester: De Montfort University.

Kairos in Soho (2010) Sexual orientation, gender identity and health inequality in Westminster. London: Kairos in Soho.

Scott, S. D., Pringle, A., & Lumsdaine, C. (2004) *Sexual exclusion: homophobia and health inequalities: A review of health inequalities and social exclusion experienced by lesbian, gay and bisexual people,* London: UK Gay Men's Health Network.

Whittle, S. Turner, L. and Al-alami, M. (2007) Engendered Penalties: Transgender and Transsexual People's Experiences of Inequality and Discrimination. Press For Change.





### JULIE FISH

SOCIAL WORK IN PRACTICE series

