



Elizabeth McCabe

Dietetics

I have always planned to experience working with local people of different cultures in a developing country one day. As a mature student; with grown children, my future plans have always included an experience of this nature. I had resigned myself to the fact that it would be something I did once reaching my fifties, once all my family were self sufficient and my degree was completed. For this opportunity to arise now is incredible.

I hope to be inspired by the local people, the surroundings and other volunteers. I am certain that new relationships will be formed and relish the opportunity to experience these with what I am sure will become good friends. I expect to gain insight and experience that can only be gained when seeing and experiencing things at a grass roots level.

As a student dietitian, I have a passion for food. I love to eat food, read food, grow food and to cook food for others. I would love the opportunity to cook an English, British or Irish dish with the children I would work with.

I supported my three children through their education. I helped them with their literacy and numeracy projects and believed reading to them and them back to me was vital to encourage their development in this area. I completed an NVQ level 2 in "meeting the needs of young children" and spent some time working in a local play school whilst my children were young.

I am very driven and once I focus on a goal, I like to complete it to the best of my ability. I trained for and completed a power-walking London marathon through the night against my body clock. I trained for five months and completed the marathon within the time I had reached for.