



Lauren Rogers

Biomedical Science

I want to gain an insight into another culture and to find out what it is truly like to live in a developing country. I think that being in the villages with the locals seeing how they live, especially with very little, will make me really appreciate how fortunate I am to have the things that I have. I am really looking forward to experiencing the sense of community and bright spirits of the children and families that live in the villages, as I have heard from others who have visited Africa. The work that we will do in helping the children and contributing to other projects will help me to become more confident and increase my independence. I feel this trip will help me to improve my communication skills as I will have to help the children in school and also effectively communicate to the Fisherman's Rest staff about my progress.

I have previous experience of working with children in schools. I completed work experience at Studley Community Infants School with year 2 pupils. I helped the children make "shoes" (more like sandals) out of foam and fabric scraps. We made drawings and played together, encouraging them to use their imaginations. I helped them to practice reading, helping children who were slow to learn as well, this taught me patience. I also ran a science after school club for year 4 pupils at Studley Junior School, teaching them the basics and coming up with lesson plans to suit the mix of personalities in the group. I learned to adapt my teaching technique to each individual student.

I can sing and enjoy singing, so I could teach the children some songs and they could teach me some songs from their country. I know that resources are limited but I can draw, so I could encourage the children to be creative and use their imagination. I am used to reading aloud so could read to the children from some books from this country for the age group

I hope that my experiences and interests will be beneficial to the children and to the other members of the group.