



Sundeep Nahal

Medical &
Pharmacological
Sciences

I have always had a keen interest in the culture and history of other people, having experienced diversity through my travels in Asia, Europe and the Americas. I have an awareness of the disparity between developed and underdeveloped countries and appreciate the challenges and barriers that these countries encounter. Therefore I feel this opportunity will give me a chance to experience another culture that is so unlike my own. Through my charity work I have seen a wide variety of groups of people, including asylum seekers and refugees who have fled persecution from war-torn countries in order to make a better life for themselves in the UK. However the common theme throughout these groups of people is that they have experienced poverty, a lack of education and poor quality infrastructure. Therefore my motivation is to help similar communities in a positive way, using the skills I have gained and also to see what I can learn from the country itself.

I have been heavily involved in charity work from a young age. While at secondary school I volunteered to manage charity events and also spent 2 years volunteering at the local RSPCA. This meant I was given responsibilities with money, managing the shop to utilising my IT skills in aid of their website and customer care. During my time in 6th form I became a peer mentor for the younger students in secondary school, I spent time helping them deal with a variety of issues from studying at home to their daily life in school. Then in my last year of 6th form I began volunteering at the local community centre teaching people of different ages how to read, write and speak Punjabi. This helped improve my skills of being able to teach others which I believe will be of great use on this trip.

I have had a close association with Coventry Citizens Advice Bureau and have supported this organisation on and off for a number of years. This job meant that I had utilised many of skills such as listening, communicating and translating for people who didn't have English as a first language. However I recognise the importance of being able to balance work and play. As besides from charity work I have had a keen interest in boxing and football, joining a football club and competing as a boxer in a local gym. These interests have helped me build in my team work skills and I would love an opportunity to be able to extend these skills to the people we meet, maybe setting up a football game between us and the Malawi people!