



Tracey Askew

Physiotherapy

I have always wanted to take part in voluntary work abroad, but have not had the opportunity to do this so far. I think we all forget sometimes how lucky we are to be living in England and how we can take things for granted e.g. healthcare and education, I would love to be involved in supporting and teaching others.

I have been responsible for teaching and supervising work experience students in my previous job at a local newspaper, which I did for 7 years prior to coming to university to study physiotherapy. As a student physiotherapist it is important to be able to motivate people, I have experience in running exercise classes which involves standing in front of people and engaging them in activities.

I am also not afraid to get involved in new situations so would be happy to get involved with singing and dancing in Malawi, although I wouldn't consider myself to be particularly skilled in either, I'm sure the children will be happy to show me how it's done properly.