



**Kieron Breen**

Exercise, Nutrition &  
Health

When working with primary age children in a classroom, I have seen how all pupils can develop when given the opportunity with adequate support and guidance. This to me has been inspirational to see how young children can flourish despite the difficulties they may face.

Through volunteering in a school and coaching a youthful football team, I have seen first-hand the positive impact adults can have on young people's lives. Through football coaching, I have been privileged to witness young people develop a range of social and personal skills when provided with the appropriate environment. I feel that these skills enable young people to move forward and develop both socially and academically. During my time in self-employment, I have developed the basic numeracy skills needed in the management of financial accounts alongside my work in the service industry.

The intervening years between my studies allowed me to meet and interact with a diverse range of people, in a variety of settings and working environments. From this I have developed key communication and interpersonal skills. This has given me an understanding of different people from a broad variety of backgrounds.