



Tom Swinley

Physiotherapy

The furthest out of England I have ever travelled is Europe and travelling and working in Africa is something I have wanted to do for a very long time. I really enjoy looking at different cultures however I have only ever known a MIC's (most industrialized country) culture. I want to go to Malawi as I believe it will be hugely educational for me to see how the people there live.

I really enjoy volunteering and helping people out is something I really care about and is one of the reasons why I choose physiotherapy. The one thing about the whole trip that really motivates me is the challenge. Firstly I want to show myself that I can get out there into the wider world and make a difference. Secondly the challenge of working in the heat sounds very exciting!

Working as a physiotherapy student means I am meeting new people every day who are often anxious and always in pain. Coming from that I am good in bad situations and am cool headed in crisis situations which were quite often on my previous placement. I am a great team worker which has been tested whilst playing for Coventry University Rugby League and Coventry Bears club.

Past experiences in terms of volunteering include St John ambulance which I started this year, 6 weeks at age concern for my duke of Edinburgh and also playing the organ at the local church when I am at home!

Going to Malawi would mean the absolute world for me. It would be nothing like anything I have ever done before.